



# SANTA MARIA Resident Newsletter

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Phone: 639-625-7100 [www.santamariaregina.ca](http://www.santamariaregina.ca)



**Emmanuel  
Health**



*A Catholic Health Care Facility in the Emmanuel Health Family*

## F.A.T.H.E.R.S.

"F" aithful  
"A" lways there  
"T" rustworthy  
"H" onoring  
"E" ver-loving  
"R" ighteous  
"S" upportive

- Author Unknown



June 2024

# THANK YOU!

On behalf of the residents of Santa Maria and the Santa Maria Foundation, we want to say a very special *"Thank You"* to those of you who contributed to our **Season of Giving Campaign**. With your generous support were able to reach our target. We raised \$32,440. This money will be used to purchase new items and equipment (e.g. air mattresses, Broda chairs) that directly support residents.

These donations make a difference in the day-to-day lives of Santa Maria residents. To those of you who donated, thank you, you helped make this happen.

*Thank you for your support!*

*Santa Maria Foundation: Because We Care.*



## Resident and Family Council

The Resident and Family Council meets several times a year. We gather with residents and families to share information, ask and answer questions and do a check in on how the Home is doing.

Our last meeting was in April and the minutes are posted on the window outside the Activity Room near the door.

Our next meeting is:

**July 18, 2024  
3:00 pm  
Activity Room**

## Vision Statement

*A life-giving community of care where faith and hope are affirmed. \* Respect \* Compassion \* Spirituality \* Hospitality \* Quality \**

## Spiritual Care Message June 2024

Spiritual care is soul care. And soul care seeks to create the right conditions for people to explore their feelings and grow in connection with God and others. Sometimes this is through laughter, or music, or religious rituals and prayer. Sometimes, soul care means listening to regrets and losses that need tending, reminding a person they are understood and not alone.

The benefits are an increased sense of joy and peace and hope.

At Santa Maria we believe in the importance of good spiritual care for our residents and our staff. For this reason we have a goal to grow our capacity and train excellent Spiritual Care Providers. The primary way we will do this is through our in-house education program (CPE) that runs from September to March. Students develop skills in evidence-based psychological and theological approaches to care for all people. Secondly, we are investing time in matching residents with a growing number of screened volunteers. These volunteers come to visit through the week, as their schedule allows.

Our mission to improve soul care starts with the acknowledgement that every person is sacred; and for each sacred friend, we aspire to offer greater comfort and care.

*Erika Mills*

Director of Spiritual Care  
and Mission



## SARCAN Virtual Bottle Drive

Did you know you can donate the value of your recycle bottle order to the Santa Maria Foundation?

When you use the Sarcan "Drop & Go" service that is available at all depots in Saskatchewan, it allows customers to skip lineups by leaving their order at the depot and have their refund transferred electronically to the Santa Maria Foundation.

All you need to do is follow these easy steps:

1. At home, separate your recycling – put plastics, cartons and aluminum cans into bags, put glass beverage containers into boxes. Don't forget to include milk containers.
2. Visit a SARCAN Depot and look for Drop & Go
3. Follow instructions on the Screen. Type **Santa Maria** when prompted to enter the group phrase.
4. The amount of your order will be processed and paid directly to the Santa Maria Foundation.

***You can make your trip to SARCAN really count!***

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## 32<sup>nd</sup> Annual Summer Carnival

The Recreation Therapy Department is hosting the 32<sup>nd</sup> Annual Summer Carnival:

Date: June 19, 2024  
Time: 6:00 – 8:00 pm

There will be entertainment  
and food!

All residents and their families  
are welcome to attend!

Save the date!



## Contacts

2 <sup>nd</sup> Floor Nurse Station	639-625-7102
3 <sup>rd</sup> Floor Nurse Station	639-625-7103
4 <sup>th</sup> Floor Nurse Station	639-625-7104
Renee Goulet Director of Care	639-625-7085
Sussan Falodun Nurse Manager	306-519-9181
Dinah Grapa Nurse Manager	306-520-8728
Manoj Fernandes Director of Support Services & Safety (meals, cleaning, laundry, etc.)	639-625-7082
Erika Mills Director of Spiritual Care & Mission	639-625-7092
Lana Seip Recreation Therapist	639-625-7095
Kelly Chessie Executive Director	639-625-7094

## Lost & Found Items

The Lost & Found is located in Room 143 on the Main Floor. If you are missing an item and find it in the Lost & Found, please bring it to Administration so that it can be sent for proper labelling. The item will be labelled and then returned to the resident's room.

If you find any clothing items in a resident's room that doesn't belong to them, please bring the items to either the nursing staff on the unit, or the Administration office so that they can be returned to the correct owner.

## Exciting Updates from Food Services

### **Private Dining Room Bookings**

The Private Dining Room is available for families to reserve. The space holds up to five guests and a resident. At this time there is no charge to reserve the space; in lieu of a fee we kindly encourage you to consider a donation to the Santa Maria Foundation. A larger number of guests can be accommodated in the Activity Room. Please contact Recreation to book the Activity Room.

Reservations are made through the Recreation Therapy department by calling 639-625-7095 or by e-mail [santamariaresidents@hotmail.com](mailto:santamariaresidents@hotmail.com)

### **Guest Meals/Come Visit and Join A Meal**

Did you know you can request Guest Meals (with advanced notice) through Food Services? Guests can enjoy their meal in the dining room, private dining room or the Activity Room. Payment options are paying cash, cheque or charge to the resident account. We can also cater for a small group if planned in advance. Please contact Manoj Fernandes, Director of Support Services & Safety at: [manoj.fernandes@saskhealthauthority.ca](mailto:manoj.fernandes@saskhealthauthority.ca).

### **Summer Menu**

The new Summer Menu has been posted on the wall by the kitchen and on the website.

Please forward your comments to:  
[manoj.fernandes@saskhealthauthority.ca](mailto:manoj.fernandes@saskhealthauthority.ca).

## Safety Codes at Santa Maria

### CODE RED

**CODE RED** is used for a suspected fire.

At Santa Maria, you will first hear the fire alarm because all pull alarms and smoke detectors automatically trigger our system.

The Fire Department is notified through our security monitoring company.

Santa Maria holds monthly **CODE RED** fire drills for staff training purposes.

You will be asked to remain in the front Atrium area or outside upon arriving at Santa Maria during a **CODE RED** situation or during a practice drill. If you are at Santa Maria visiting a resident in a neighborhood at the time a **CODE RED** is announced, please listen for instructions. Most likely you will be asked to quietly and calmly wait where you are. Should things move to an evacuation (**CODE GREEN**), a staff member will direct you to an exit stairwell.

Thank you for your assistance in keeping Santa Maria safe!

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Santa Maria is very blessed to have so many nurses that provide care with compassion and love to our residents and their families. A big Thank You to all of our nurses for all that you do! Nurse's Week was celebrated during the week of May 6-10. Everyone enjoyed "Uniform Day"!



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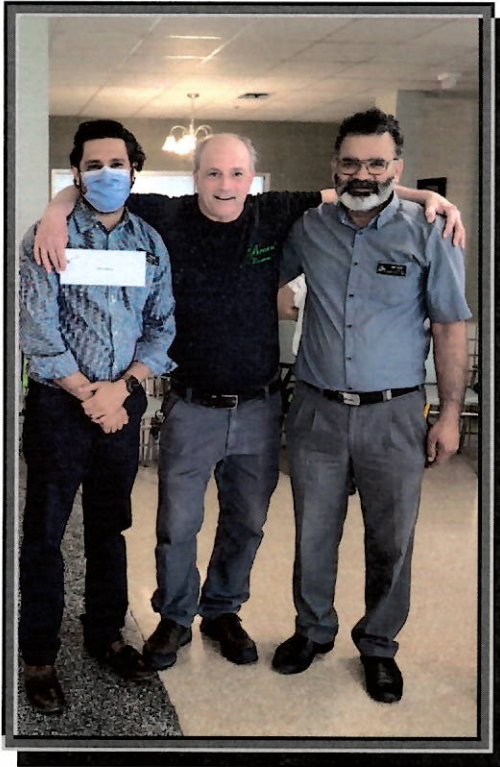
## *Thank you to our Mothers!*

The Recreation Therapy Department hosted a Mother's Day Tea. Many went out into our courtyard to enjoy the sunshine. It was a lovely event and a beautiful day! The day was enjoyed by many! Thank you Mom!



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Santa Maria's Long Term Service Awards was held on May 9. There were 33 employees who received awards for 5-40 years of service. Pictured above is Santa Maria's longest serving employee, Brian, celebrating 40+ years! Congratulations to all recipients!

### Dementia Caregiver Support Group



June 23 @ 1:00 pm  
Activity Room

Please Register: [diane.lemon@accesscomm.ca](mailto:diane.lemon@accesscomm.ca) or (306) 522-7338

\*\*\*Please note there will be no meetings held in July and August.\*\*\*

Please check the Santa Maria website  
for monthly Recreation and Chapel  
calendars that are listed by floor.

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