






August 2024 4th Floor Recreation Therapy Calendar Updated July 25, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Green Thumb Activity- Watering and caring for plants in the Activity Room.	1 9:30 Sensory Activities 11:00 Early Lunch for Outing Residents 12:15-2:30 Wascana Ferry Boat Outing - Invite Only! 2:00 Outdoor Visits 6:15 Manicures	2 10:30 Priority One to One Visits 2:00 Rodney Pettigrew (Auditorium)	3 10:45 Group Exercises and Parachute (2 nd floor dining room) 2:00 Outdoor Visits 5:00 Rider Game TSN
4 10:00 Mass (Chapel) 2:30 Ice Cream Treats (All Floors) 6:15 Outdoor Visits 4 th	5 Civic Holiday 10:45 Exercises & Ball Toss 2:00 Canteen (Activity Room)	6 10:30 Soul Circle 4 th (North Dining Room) 10:30 1-1's 2:00 Young at Heart Entertainment (Bill & Joyce Young) (Auditorium)	7 10:00 Mass (Chapel) 10:30-12:00 One to One Visits (2) 2:00 Bingo (Auditorium)	8 10:45 Men's Coffee Group 3rd & 4th (Activity Room) 2:00 Birthday Party 4 th  6:15 Colouring 5:30 Rider Game TSN	9 10:45 Sing Along with Suzy Q 10:45 Cribbage 3 rd & 4 th (Activity Room) 1:30 Priority One to One Visits	10 10:45 Group Exercises (2 nd floor dining room) 2:00 Outdoor Visits
11 10:00 Mass (Chapel) 2:30 Ice Cream Treats (All Floors) 6:15 Outdoor Visits 4 th	12 10:45 Stuck In The Mud Dice Game 2:00 Canteen (Activity Room)	13 10:45 Balloon Minton 2:00 Birthday Party 3 rd  2:00 Jumbo Jucca 2 nd & 4 th (Outside)	14 10:00 Mass (Chapel) 11:15 Green Thumb Activity 2:00 Bingo (Auditorium)	15 10:45 Bell Choir 3 rd & 4 th (Activity Room) 2:00 Birthday Party 2 nd  2:00 Patio Party 3 rd & 4 th Lemonade and Chat 6:15 Manicures	16 10:45 Hangman 1:30 Priority One to One Visits Rider Game TSN 7pm	17 10:00-11:00 Regina Antique Auto Association Show (Front Parking Lot) 2:00 Shake Loose A Memory
18 10:00 Mass (Chapel) 2:30 Ice Cream Treats (All Floors) 6:15 Hymn Sing 4 th	19 10:45 Unit Prayer Service 3 rd 10:45 Reading Group/Let's Chat 2:00 Canteen (Activity Room)	20 10:30 Soul Circle (North Dining Room) 10:30 1-1's 2:00 Bean Bag Toss Game	21 10:00 Mass (Chapel) 11:15 Visits/Outdoor Visits 2:00 Bingo (Auditorium)	22 10:45 Exercises 2:00 Nino & Hart - Flute (Chapel) – sponsored by Health Arts Society 6:15 Whammo 5:30 Rider Game TSN	23 10:45 Cribbage 3 rd & 4 th (Activity Room) 1:30 Priority One to One Visits	24 10:45 Group Exercises (2 nd floor dining room) 2:00 Spa Afternoon (All Floors) (2 nd Floor Dining Room)
25 10:00 Mass (Chapel) 1:30 Root Beer Floats Cart (All Floors) 6:15 Hymn Sing 4 th	26 10:45 Unit Prayer Service 2:00 St. John Amb. Pet Therapy -3rd 2:00 Canteen (Activity Room)	27 10:45 Exercises & Ball Toss 2:00 Work Project-Cleaning Bingo Chips & Cards (Auditorium)	28 10:00 Mass (Chapel) 11:15 Visits/Outdoor Visits 2:00 Bingo (Auditorium)	29 9:30 Sensory Activities 11:30 BBQ –Invite Only! (Activity Room) 2:00 Outdoor Visits 6:15 Manicures	30 9:30 Priority One to One Visits 11:00 Early Lunch for Outing Residents 12:30-2:30 Imax Outing-Invite Only! 2:00 Group Corn Hole (Atrium)	31 10:45 10:45 Group Exercises (2 nd floor dining room) 2:00 Outdoor Visits

This Calendar is Subject to Change without Notice. Please Call the Recreation Department at 639-625-7095 to confirm if programming will be taking place.