






**September 2024 2<sup>nd</sup> Floor Recreation Therapy Calendar** Updated August 21, 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <b>10:00 Mass (Chapel)</b> 1:30 Ice Cream Treats (All Floors) <b>5:00 Rider Game TSN</b>	2 <b>Labor Day</b> 10:45 Brain Teasers/Ball Toss 2:00 Canteen/Priority 1-1 visits 6:15 Hymn Sing	3 10:45 Horse Races 2:00 Group Bowling	4 10:00 Mass (Chapel) 11:15 Couples Visits/1-1 Visits 2:00 Bingo (Auditorium) 6:15 Sing Along	5 10:45 Priority One to One Visits 10:45 Men's Coffee Group 2:00 School Days Reminiscing (Auditorium)	6 10:45 Noodle Ball <b>2:00 Just the 3 of Us Entertainment – Accordion and Fiddler Music (Auditorium)</b> 6-7:30 One to One's 2 <sup>nd</sup> (2) & 3 <sup>rd</sup> (1)	7 10:45 Group Exercises and Parachute (2 <sup>nd</sup> floor dining room) 2:00 Colouring <b>2:00 Rider Game TSN</b>
8 <i>Grandparents Day</i> <b>10:00 Mass (Chapel)</b> <b>1:30-3:00 Ice Cream Sundae Social celebrating Grandparents (Activity Room)- Families Welcome!</b>	9 <b>10:45 Unit Prayer Service 2<sup>nd</sup></b>  <b>2:00 Birthday Party 2<sup>nd</sup></b>  6:15 Hymn Sing	10 10:45 Brain Teasers/Nursery Rhymes 2:00 Sensory Stimulation Cart	11 10:00 Mass (Chapel) 11:15 Couples Visits/1-1 Visits 2:00 Bingo (2 <sup>nd</sup> floor dining room) 6:15 Sing Along	12 10:45 Flower Arranging 2:00 Unit Floor Curling 2:00 Birthday Party 3 <sup>rd</sup> 	13 9:30 Walking Visits <b>11:30 KFC Luncheon</b> – Invite Only! (Activity Room) 2:00 Water painting 6-7:30 One to One's 2 <sup>nd</sup> (2) & Manicures	14 10:45 Group Exercises (2 <sup>nd</sup> floor dining room) 2:00 Hymn Sing
15 <b>10:00 Mass (Chapel)</b> 1:30 Ice Cream Treats (All Floors)	16 10:45 Exercises & Ball Toss <b>2:00 Rodney Pettigrew Musical Entertainment</b> (Auditorium) 6:15 Hymn Sing	17 10:45 Noodle Ball 2:00 Clean up the Garden (Court Yard)	18 10:00 Mass (Chapel) 11:15 Green Thumb Activity 2:00 Bingo (Auditorium) 6:15 Sing Along	19 <b>10:45 United Church Service</b> (Chapel) 2:00 Fall Window Craft (Atrium)	20 <b>9:30-11:30 Alzheimer Coffee Break</b> (Atrium) 10:45 Let's Chat 2:00 Floor Bean Bag Toss 6-7:30 One to One's 2 <sup>nd</sup> (2) & Manicures <b>7:30 Rider Game TSN</b>	21 10:45 Group Exercises (2 <sup>nd</sup> floor dining room) <b>2:00 K of C Bingo (Auditorium)</b>
22 <b>10:00 Mass (Chapel)</b> 1:30 Ice Cream Treats (All Floors)	23 10:45 Unit Corn hole <b>10:45 Unit Prayer Service 4<sup>th</sup></b> 2:00 Canteen/Priority 1-1 visits 6:15 Colouring	24 9:30 Walking Visits 11:00 Early Lunch for Outing Residents <b>1-3:45 Regina Floral Conservatory Outing-Invite Only!</b> 2:00 Group Ladderball	25 10:00 Mass (Chapel) 11:15 Couples Visits/1-1 Visits 2:00 Bingo (Auditorium) 6:15 Sing Along	26 <b>10:45 Anglican Church Service</b> (Chapel) 2:00 Sensory Stimulation Cart 2:00 Birthday Party 4 <sup>th</sup> 	27 10:45 Occupation Game 2:00 Unit Bowling 6-7:30 One to One's 2 <sup>nd</sup> (2) & Manicures	28 10:45 Group Exercises (2 <sup>nd</sup> floor dining room) 2:00 Spa Afternoon – all floors (2 <sup>nd</sup> floor dining room) <b>2 pm Rider Game TSN</b>
29 <b>10:00 Mass (Chapel)</b> 1:30 Ice Cream Treats (All Floors)	30 <b>National Day of Truth &amp; Reconciliation</b> <b>10:45 Unit Prayer Service 3<sup>rd</sup></b> <b>Orange Shirt Day</b> 10:45 Sing Along 2:00 Canteen/Priority 1-1 Visits 2:00 Canteen					

**\*This Calendar is Subject to Change without Notice.\*** Please Call the Recreation Department at 639-625-7095 to confirm if programming will be taking place.