



SANTA MARIA Resident Newsletter

4215 Regina Ave., Regina, SK S4S 0J5
Phone: 639-625-7100 www.santamariaregina.ca



Emmanuel
Health



A Catholic Health Care Facility in the Emmanuel Health Family

March 2025

Thank You

London Drugs

We are so grateful for your outpouring of support to the "London Drugs Christmas Stockings for Seniors Program. Your support means the world to the 147 seniors living in Long Term Care at Santa Maria Senior Citizens Home Inc. this Christmas. The Santa Maria Staff handed out these personalized Christmas gifts; such as lotions, sweater, slippers, blankets, books, chocolates and so much more.



Santa Maria Foundation – "Season of Giving" Campaign Update

During our 2024-25 Season of Giving campaign, we are inviting you to join us in giving another gift to our residents. Please join us in raising funds for **new resident beds**.

Santa Maria is a registered charity. Tax deductible receipts are issued for every donation. As always, you can donate in person at the Administration Office, by mailing a cheque to the address on the cover page of this newsletter, or online at: <http://santamariaregina.ca/donate-now/> (it is a secure site).

We have reached 60% of this year's goal. We are hoping you can help us reach our goal!

Vision Statement

*A life-giving community of care where faith and hope are affirmed. * Respect * Compassion * Spirituality * Hospitality * Quality **

Spiritual Care Message March 2025

Have you noticed spiritual care alive in our building? We have students here weekly: you might hear Sherry's guitar music and Cree words enriching the atmosphere. Perhaps you've seen Arnel offering quiet presence and gentle prayers with residents, or Ken sharing stories of Saskatchewan while coloring with folks on the second floor. Our volunteers are a vibrant presence, too, cheerfully portering residents to services and bringing joy—and maybe a touch of nail polish—to their visits.

Leona's Soul Circle groups are a wonderful way for residents on every floor to connect with one another. And perhaps you've even found a moment of peace in the Spiritual Care office, sharing a burden or two.

Throughout the week, our community clergy lead services that are open to all. And keep an eye out for Peer Leaders, easily recognized by their purple name tags, offering support to their colleagues.

So many compassionate individuals contribute to the warm and caring environment here. I'm deeply grateful for everyone involved in Spiritual Care, and for all who support the mission of Catholic Health.

Erika Mills

Director of Spiritual Care and Mission

Introducing Dentist:

Dr. Erika Sirois
is now providing dental
services for
Santa Maria residents.

To book an exam
appointment, please
email:

residentoralhealth@gmail.com

Resident Family Council

April 15, 2025

**2:00 – 3:00
Activity Room**



Contacts

Mathew Bertsch 306-519-9181
Nurse Manager

Dinah Grapa 306-520-8728
Nurse Manager

Renee Goulet 639-625-7085
Director of Care

Manoj Fernandes 639-625-7082
Director of Support Services & Safety
(meals, cleaning, laundry, etc.)

Erika Mills 639-625-7092
Director of Spiritual Care and Mission

Lana Seip 639-625-7095
Recreation Therapist

Kelly Chessie 639-625-7094
Executive Director

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The Santa Maria Foundation would like to thank everyone who purchased and sold tickets to their “12 Bountiful Basket” Fundraiser. They raised \$4655.75! Congratulations to all basket winners!



Call for Directors and Volunteers

Do you enjoy...

- Supporting Quality of Life experiences for Seniors?
- Engaging with people who share your enthusiasm for helping others?
- Working on fundraising campaigns?

Please consider joining our Santa Maria Foundation Board of Directors.

If you feel like a Board is not something you can do, you can also support our Foundation as a volunteer:

- Help sell tickets
- Help us when we host events (e.g., Pie Days)
- Help us organize parties

For more information, or to register your interest, please contact:

Leona Burkhart, Chair

lburkhart@archregina.sk.ca

Kelly Chessie (Executive Director)

kelly.chessie@saskhealthauthority.ca

or call 639-625-7094

Please join us in sharing hope for a generous year for our Home and its community of residents, families, and staff. Through your generosity, together we can enhance the quality of the lives of Santa Maria's residents.

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Santa Maria hosted a Resident and Family Christmas Supper on December 11. It was an amazing meal and a wonderful time that was had by all! Thank you to everyone who attended this fun night of celebration! Planning is underway for the 2025 supper. If you have ideas, please email us or stop by.



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Please come and visit here. New Atrium furniture and decor thanks to a generous donation from the Wappel Family in memory of their parents.



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Beauty Salon Price List

Services	Cost (includes taxes)
Men's Haircut	\$25
Women's Haircut (no set)	\$35
Cut and Style (with iron)	\$45
Cut and Roller Set	\$45
Roller Set	\$27
Shampoo	\$10
Perm (cut included)	\$90
Colour (no cut)	\$65 (with cut \$90)
Shave	\$20
Manicures	\$25
Brow Shaping, Lip/Chin tweezing	\$30
Lip	\$12
Chin	\$15
Brow	\$15

Residents and families are encouraged to speak **directly to Tasia** to make arrangements for resident's hair needs.

Please call her at 639-625-7080 to make an appointment.

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