





September 2025 2nd Floor Recreation Therapy Calendar Updated August 19, 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Labour Day 9:30 Sensory Stimulation 10:45 Noodle Ball 2:00-2:30 Name That Animal Quiz 2:45-3:15 Snakes and Ladders Board Game	2 9:30 Couple's Visit (Rm 233 & 264) 10:45 Horse Races 2:00 Floor Bean Bag Toss	3 10:00 Mass (Chapel) 10:30 Coffee after Mass (Activity Room) 2:00 Bingo (Auditorium) 6:15 Sing Along	4 9:30 Off Unit Walks 10:45 Men's Coffee Group (Activity Room) 2:00 Birthday Party with Young at Heart (Auditorium) Sponsored by the SMF 	5 9:30 Sock Folding 10:45 Putt Putt Golf 2:00-2:30 Help Your Neighbor Dice Game 2:45-3:15 Crokinole	6 10:45 Group Exercises (2 nd Dining Room) 2:00 Sing Along 2:00 Rider Game TSN
7 Grandparents' Day 10:00 Mass (Chapel) 1:30-3:00 Ice Cream Sundae Social Celebrating Grandparents (Activity Room)-Families Welcome! 3:00 Priority 1-1 (Room 260) 6:15 Hymn Sing	8 9:30 Sensory Stimulation 10:45 Unit Prayer Service 2nd 2:00 Canteen (Activity Room) 6:15 Ring Toss/Ball Toss	9 9:30 Couple's Visit (Rm 233 & 264) 10:45 Brain Teasers/I Hear Memories 2:00 Group Baseball (Auditorium) 6:15 Colouring	10 10:00 Mass (Chapel) 2:00 Bingo (Auditorium) 6:15 Sing Along	11 9:30 Sock Folding 10:45 Floor Yahtzee 2:00 Car Races 6:15 Sing Along with Susy Q	12 9:30 Off Unit Walk 10:45 Cornhole 2:00 Rodney Pettigrew Entertainment (Auditorium)  6:15 Whammo Card Game	13 9:30 Sensory Stimulation 10:45 Exercises and Ball Toss 2:00 Spa Afternoon 5:00 Rider Game TSN 6:15 Colouring/Water painting
14 10:00 Mass (Chapel) 11:15 Priority 1-1 visits 2:00 Hymn Sing 3:00 Priority 1-1 (Room 260) 6:15 Folding Towels/1-1 Visits	15 9:30 Sock Folding 10:45 Noodle Ball 2:00 Name That Bird Quiz 6:15 Sensory Cart	16 9:30 Couple's Visit (Rm 233 & 264) 10:45 Exercises & Ball Toss 2:00 Occupation Game 6:15 Manicures and Music	17 10:00 Mass (Chapel) 10:30 Coffee after Mass (Activity Room) 2:00 Bingo (Auditorium) 6:15 Sing Along	18 9:30-11:30 Alzheimer Coffee Break (Atrium) 9:30 Off Unit Walks 10:45 United Church Service (Chapel) 2:00 Painted Butterfly Craft 6:15 Batting A Balloon/1-1 visits	19 9:30 Sensory Stimulation 10:45 Horse Races 2:00 Sing Along 6:15 Group Bowling (2 nd Dining Room)	20 9:30 Off Unit Walk 10:45 Exercises and Ball Toss 2:00 Name That Tune 6:15 Let's Chat
21 10:00 Mass (Chapel) 2:00 Hymn Sing 3:00 Priority 1-1 (Room 260) 6:15 Folding Towels/1-1 Visits	22 9:30 Sensory Stimulation 10:45 Brain Teasers and Nursery Rhymes 2:00 Canteen (Activity Room) 6:16 Pitching and Catching/1-1 Visits	23 9:30 Couple's Visit (Rm 233 & 264) 11:45 Early Lunch for Outing Residents 1:30-3:30 Regina Floral Conservatory Outing-Invite Only! 2:00 Group Bocce Ball (Atrium) 6:15 Fun with Words	24 10:00 Mass (Chapel) 10:30 Coffee after Mass (Activity Room) 2:00 Bingo (Auditorium) 6:15 Sing Along	25 9:30 Clean Bingo Chips 10:45 Anglican Church Service (Chapel) 2:00 Crafts- Painting 6:15 Whammo Card Game	26 9:30 Sock Folding 11:30 BBQ (Activity Room) –Invite Only! 2:00 Sing Along with Susy Q 6:15 Ring Toss/Ball Toss	27 9:30 Manicures 10:45 Exercises and Ball Toss 2:00 Group Bowling (Auditorium) 5:00 Rider Game TSN 6:15 Manicures
28 10:00 Mass (Chapel) 11:15 Priority 1-1 visits 2:00 Hymn Sing 3:00 Priority 1-1 (Room 260) 6:15 Folding Towels/1-1 Visits	29 National Day for Truth and Reconciliation Videos in the Chapel 9:30 Sock Folding 10:45 Exercises & Ball Toss 2:00 Sing Along 6:15 Group Bingo (2 nd dining room)	30 National Day for Truth and Reconciliation 9:30 Couple's Visit (Rm 233 & 264) 10:45 Horse Races 2:00-2:30 What's in The Bag 2:45-3:15 Crokinole 6:15 Sensory Cart				

***This Calendar is Subject to Change without Notice.* Please Call the Recreation Department at 639-625-7095 to confirm if programming will be taking place.**