



## September 2025 3rd Floor Recreation Therapy Calendar Updated August 19, 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<b>1 Labour Day</b> 9:30 Off Unit Walk 10:45 Brain Teasers and Scattergories 2:00 Reading and Reminiscing	<b>2</b> 9:30 Sensory Stimulation 10:30 Soul Circle with Leona (3 <sup>rd</sup> N.Dining Room) 10:30 Priority One to One's 2:00 Sentimental Journey Board Game	<b>3</b> <b>10:00 Mass (Chapel)</b> 10:30 Coffee after Mass (Activity Room) <b>2:00 Bingo (Auditorium)</b>	<b>4</b> 9:30 Green Thumb 10:45 Men's Coffee Group (Activity Room) <b>2:00 Birthday Party with Young at Heart (Auditorium)</b> <b>Sponsored by the SMF</b> 	<b>5</b> 9:30 Sensory Stimulation 10:45 Sing Along 1:30 Priority 1-1 visits	<b>6</b> 10:45 Group Exercises (2 <sup>nd</sup> Dining Room) <b>2:00 Rider Game TSN</b>
<b>7 Grandparents' Day</b> <b>10:00 Mass</b> (Chapel) <b>1:30-3:00 Ice Cream Sundae Social Celebrating Grandparents (Activity Room)-Families Welcome!</b> 6:15 Hymn Sing	<b>8</b> 9:30 Manicures 10:45 Connect Four 2:00 Canteen (Activity Room) 6:15-6:45 Ring Toss 7:00-7:30 Visits	<b>9</b> 9:30 Off Unit Walks 10:30 Noodle Ball with Cosmos Ctr. 2:00 Group Baseball (Auditorium) 6:15 Manicures	<b>10</b> <b>10:00 Mass (Chapel)</b> 10:30 Coffee after Mass (Activity Room) <b>2:00 Bingo (Auditorium)</b> 6:15 Sing Along with Susy Q	<b>11</b> 9:30 Green Thumb 10:45 Bell Choir (4 <sup>th</sup> Solarium) 2:00 Dice Games & Crokinole 6:15 Whammo	<b>12</b> 9:30 Sensory Stimulation 10:30 Priority 1-1 visits <b>2:00 Rodney Pettigrew Entertainment (Auditorium)</b>  6:15 Beach Ball Fun/1-1 visits	<b>13</b> 9:30 Manicures 10:45 Exercises 2:00 Board Game afternoon <b>5:00 Rider Game TSN</b> 6:15 Sentimental Journey Board Game
<b>14</b> <b>10:00 Mass (Chapel)</b> 2:00 Songs of Faith 6:15 Hidden Pictures and Colouring	<b>15</b> 9:30 Off Unit Walks 10:45 Exercises and Ball Toss 2:00 Penny Ante 6:15 Proverbs and Sayings Bingo	<b>16</b> 9:30 Sensory Stimulation 10:30 Soul Circle with Leona (3 <sup>rd</sup> N.Dining Room) 10:30 Priority 1-1 visits 2:00 Sing Along 6:15 Giant Puzzle 'Under the Sea'/1-1 visits	<b>17</b> <b>10:00 Mass (Chapel)</b> 10:30 Coffee after Mass (Activity Room) <b>2:00 Bingo (Auditorium)</b> 6:15 Colouring/Water Painting	<b>18</b> <b>9:30-11:30 Alzheimer Coffee Break (Atrium)</b> 9:30 Green Thumb 10:45 United Church Service (Chapel) 2:00 Music Bingo 6:15 Snakes and Ladders Board Game	<b>19</b> 9:30 Manicures 10:45 Hangman 2:00 Shake Loose a Memory 6:15 Group Bowling (2 <sup>nd</sup> Dining Room)	<b>20</b> 9:30 Off Unit Walks 10:45 Exercises and Hooola Hoops 2:00 Name That Animal Quiz 6:15 Manicures
<b>21</b> <b>10:00 Mass (Chapel)</b> 2:00 Floor Bean Bag Toss 6:15 Hymn Sing	<b>22</b> 9:30 Manicures <b>10:45 Unit Prayer Service 3<sup>rd</sup></b> 2:00 Canteen (Activity Room) 6:15 Jucca Dice Game	<b>23</b> 9:30 Off Unit Walks 10:30 Cornhole with Cosmos Ctr. 11:45 Early Lunch for Outing Residents <b>1:30-3:30 Regina Floral Conservatory Outing-By Invite</b> 2:00 Group Bocce Ball (Atrium) 6:15 Sensory Cart	<b>24</b> <b>10:00 Mass (Chapel)</b> 10:30 Coffee after Mass (Activity Room) 2:00 Bingo (Auditorium) 6:15 Sing Along with Susy Q	<b>25</b> <b>9:30 Clean Bingo Chips</b> <b>10:45 Anglican Church Service</b> (Chapel) 2:00 Floor Bean Bag Toss 6:15 Whammo	<b>26</b> 9:30 Green Thumb <b>11:30 BBQ</b> (Activity Room) – Invite Only! 1:30 Priority 1-1 visits 6:15 Spa (Manicures) Evening	<b>27</b> 9:30 Sensory Stimulation 10:45 Exercises 2:00 Group Bowling (Auditorium) <b>5:00 Rider Game TSN</b> 6:15 Tabletop Bowling
<b>28</b> <b>10:00 Mass (Chapel)</b> 2:00 Songs of Faith 6:15 Crosswords and Colouring	<b>29 National Day for Truth and Reconciliation Videos (Chapel)</b> 9:30 1-1 Visit 10:45 Exercises and Ball Toss 2:00 I Hear Memories 6:15 Group Bingo (2 <sup>nd</sup> dining room)	<b>30 National Day for Truth and Reconciliation</b> 9:30 Sensory Stimulation 10:30 Soul Circle with Jennifer (3 <sup>rd</sup> N.Dining Room) 10:30 Priority 1-1 visits 2:00 Tunes on Tuesday 6:15 Sing Along				

**\*This Calendar is Subject to Change without Notice.\*** Please Call the Recreation Department at 639-625-7095 to confirm if programming will be taking place.